

**MONTANA CHEMICAL DEPENDENCY CENTER
POLICY AND PROCEDURE MANUAL**

| | |
|--|--|
| Policy Subject: Depo-Provera Injections | Supercedes 01/01/02 |
| Policy Number: MNP 17 | Standards/Statutes: ARM 37.27.130 |
| Effective Date: 05/01/02 | Page 1 of 2 |

PURPOSE:

To ensure appropriate medical protocols are followed when giving a female patient a Depo-Provera Injection.

POLICY:

Depo-Provera Contraceptive Injection is intended to prevent pregnancy. There are certain protocols that must be followed by the health care provider before giving a Depo-Provera injection. A patient receiving Depo-Provera must have a Pap test and general physical once a year to continue on the injections. Depo-Provera is supposed to be given every 12 weeks.

PROCEDURE:

If a female patient requests a Depo-Provera shot while in treatment at MCDC:

- I. The nurse needs to interview the patient and ask when patient had her last Depo-Provera shot, and when she had her last Pap test and general physical.
- II. If the patient states it has been longer than a year since her last pap and general physical, MCDC cannot give a Depo-Provera. If the last pap has been in the last year, the patient must sign a release of information to her community health care provider, and the nurse must get documentation of the last Pap test and date of the last Depo-Provera injection from her community health care provider.
- III. Depo-Provera is supposed to be given every 12 weeks. Depo-Provera can be given up to 3 weeks early or one week late. If the patient is 13 weeks and 1 day late, it is too late to give without certain follow-up first. If the patient has waited past 13 weeks since her last injection but has had a pap within the last year, we had have to confirm the patient is not pregnant before we can give an Depo-Provera injection. Thus, the patient has to have two negative pregnancy tests two weeks apart with no sexual activity in between before we can consider giving the shot.
 - A. If MCDC has all the appropriate information to give the Depo-Provera injection (a documented pap test and physical within the last year, documentation of date of the last Depo-

